

## What is Enhanced Assisted Living?

Enhanced Assisted Living is a safe temporary alternative for those who are not quite ready to return home after skilled nursing. EAL offers more care and assistance than you may receive at home, all while continuing rehabilitative therapy through home health to promote your recovery. We work on transitioning you home after a health event such as:

- Orthopedic surgery such as hip fractures, joint replacements, and arthroplasty
- Heart attack and pulmonary events
- Stroke
- Other illnesses such as sepsis, UTIs, and wound care

Enhanced Assisted Living has 24/7 care, preparation of meals and snacks, medication management, and help with daily living, dressing, and bathing. You and your family can rest and focus on healing. It has the benefits of rehabilitation and hospitality amenities.

**Sunshine's Enhanced Assisted Living focuses on providing a safe setting, with 24/7 on-site staff.**



### Sunshine Enhanced Assisted Living

shfi.com/EAL  
(509) 321-9050  
10410 E. 9th Ave  
Spokane Valley, WA 99206

A locally-owned healthcare agency.

## ENHANCED ASSISTED LIVING



**24/7 Care After  
A Skilled Nursing Stay  
to Transition Home**





“I appreciate the clear communication between my mom, myself and each of the Sunshine EAL providers.”

## Enhanced Assisted Living Provides:

### Sunshine’s Approach to Enhanced Assisted Living

Similar term, different meaning: Sunshine Enhanced Assisted Living offers care for more clinically complex conditions with more on-site clinical staff compared to a traditional and long term Assisted Living Facilities.

Our focus is your wellbeing including supportive personal and health services that address your physical, emotional, and social needs. We emphasize independence, privacy, dignity, and resident participation in decisions about medical care. We ensure that you maintain privacy while healing and enjoy community when you are ready.

### A Safe Environment for Healing

When recovering from a health event, many people lose interest in cooking and cleaning. Their health can be affected by lack of nutrition and round-the-clock in-home professional care is often cost prohibitive or unsustainable when the family is providing care. Sunshine offers 24/7 care, medication management, prepared and delivered meals, snacks, housekeeping, and laundry. We are fully-accessible and offer assistive devices and transportation to off-site appointment.

### Customized Care Specific to You

We understand there is not one type of patient, nor is there one type of care. Enhanced Assisted Living offers a supportive environment for healing and is an ideal solution after you have met all your goals during your skilled nursing stay, but you’re not quite ready to go home independently.

### Committed to Your Success

Sunshine’s Enhanced Assisted Living program delivers quality care and optimum outcomes resulting in higher discharge success. In Enhanced Assisted Living, you are cared for by home health providers who can follow you after you go home. We value family and support caregiver relationships, so we offer care conferences as frequently as needed. Our desire is to get you to your highest possible functional ability after a health event, and will adapt care, if your needs change during your stay with us.

### Sunshine Enhanced Assisted Living

Please call us at (509) 926-3547 or visit [SHFI.com/EAL](http://SHFI.com/EAL) for more information about how Sunshine’s new Enhanced Assisted Living can help you return to the life you love.

- On-site medical services, including 24/7 care and a doctor on-site
- Prepared and delivered meals, 3 meals and 3 snacks daily
- Accommodations for special diets
- Medication management
- Help with activities of daily living (dressing, bathing)
- Transportation to off-site medical appointments
- Laundry, daily
- Housekeeping, 5 days a week
- Single and double occupancy rooms
- Social activities, offered 5 days a week
- Daily visiting times for family and pets (with proof of vaccinations) that promote rest and recovery
- Concierge healthcare through our Resident Care Coordinator who will coordinate your care with outside agencies